

Fall Backpack Program



This program benefits the preschoolers (ages 3-4) through Catholic Charities from the Paterson area, where the poverty rate of the children can exceed 30%. As with many parishes throughout the diocese, Our Lady of the Mountain sponsors this program twice per year, once in the fall, and again in the spring. The items collected will be divided into a one-gallon size zip lock bag and placed in the preschooler's backpack on a Friday afternoon, so the child will have food through the weekend.

Each zip lock bag will contain: 2 packages oatmeal, 2 micro meals, 1 each milk, juice, fruit, granola bar and snack item; and a family meal consisting of rice/beans and canned meat.

On the reverse side is a list for each grade and the 2 items we are requesting you to donate. For example, Grade 1 is asked to donate a 1 3-count milk and 1 snack item. These items should be returned to the container in each Religious Education classroom. All items are due no later than Monday, November 12.

We appreciate your generosity as we strive to make a difference in a young child's life. If you have any questions, or need additional information, please contact Dolores Reagle at 908-876-5024 or ministrytoyouth@comcast.net.



Grade	Quantity	Item	Examples
K	1	10 count juice box/pouch	Any brand, any variety
K	1	8 count granola/cereal bars	"Quaker", "Kellogg", store brand
1	1	3 pack boxed milk (or 3 individual containers), each 8 FL OZ	"Lil Milk", "Hershey", "Yoohoo"; any brand, any flavor; usually found with juice boxes
1	1	snack items (8 to 12 count)	Shelf stable pudding or jello, rice krispy treats, individual boxes of raisins, cheese & crackers, etc
2	1	10 count juice box/pouch	Any brand, any variety
2	1	3 pack boxed milk (or 3 individual containers), each 8 FL OZ	"Lil Milk", "Hershey", "Yoohoo"; any brand, any flavor; usually found with juice boxes
3	1	6 count individual applesauce/ 4 count fruit cup	And brand, any flavor
3	2	Microwavable meals "Chef Boyardee" style	Any variety with meat – lasagna, beefaroni, shells & meatballs, rice w/chicken & vegetables
4	1	10 count box instant oatmeal	Any brand, any flavor
4	1	8 count granola/cereal bars	"Quaker", "Kellogg", store brand
5	2	Microwavable Mac 'n' cheese	"Chef Boyardee", "Easy Mac"
5	2	Microwavable meals "Chef Boyardee" style	Any variety with meat – lasagna, beefaroni, shells & meatballs, rice w/chicken & vegetables
6	2	Microwavable Chef Boyardee meals	Any variety with meat – lasagna, beefaroni, shells & meatballs, rice w/chicken & vegetables
6	1	6 count individual applesauce/ 4 count fruit cup	And brand, any flavor
7 & 8	2	1 pound bag rice or beans	Any brand, any variety; please make sure they are 1 pound bags
7 & 8	2	Microwavable Mac 'n' cheese	"Chef Boyardee", "Easy Mac"
9 & 10	2	1 pound bag rice or beans	Any brand, any variety; please make sure they are 1 pound bags
9 & 10	1	canned tuna or chicken	Any brand, any variety; 5.0 ounce

Brand names are only given as an example. Store brand is fine. ***Please, no expired food.*** If you have any questions, please contact Dolores Reagle at 908-876-5024 or ministrytoyouth@comcast.net.

